

WEEK 4: THE SHOES OF PEACE

ARMOR OF GOD

The Shoes Of Peace Gives Us The Confidence That God Is In Control

For shoes, put on the peace that comes from the Good News so that you will be fully prepared. (Ephesians 6:15)

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When you think of the Shoes of **Peace**, imagine large, clunky boots rather than your favorite pair of tennis shoes. When worn by the Roman soldiers, these shoes were not meant for running, but for marching into battle and **engaging** in close-range combat. They protected the feet of the soldiers, but more importantly, they provided the soldier with good footing and traction to prevent the soldier from slipping. These shoes kept the soldier firmly planted on solid ground.

Christ is our solid ground and by donning the Shoes of Peace, we are firmly **planted** in Him. The Shoes of Peace give the peace, or well-being, that comes to believers through the Gospel. By knowing and understanding the Gospel, we have peace *with* God because our sins have been forgiven and we are now eternally connected to Him. We have the peace *of* God because of the **confidence** we have in knowing He is in control. This peace makes us immovable as we battle the enemy.

Peace from God goes beyond anything our minds can **comprehend**. Philippians 4:7 tells us that the peace that Jesus gives stands guard at the doorway of our **heart** and mind. These Shoes of Peace are standing guard over you and reminding you that God is in control and He will always be with you.

Questions with space for them to respond in the book:

1. What do you think of when you hear the word "peace"?
2. How does the Gospel give us peace?
3. God is in control. What is one practical way you remind yourself of this on a regular basis?